

# Creating A New Culture of Peace

## *The World Peace Diet* – Facilitator Training



A 4-week training in vegan living presented by Will Tuttle, Ph.D.



- \* *Are you concerned about our culture's mistreatment of people, animals, and the Earth?*
- \* *Do you feel called to help create a positive future for our children and the world?*
- \* *Do you long to untangle and understand the hidden roots of the dilemmas we face as individuals & a society?*
- \* *Do you aspire to develop skills to embody, share, and teach healthy and compassionate living for service, fun, and/or your livelihood?*

This World Peace Diet Facilitator Training Program is created and offered by Dr. Tuttle to provide effective responses to these questions. This 4-session series offers plenty of time for Q & A and discussion in a supportive and nurturing environment. You will gain the tools to understand veganism as a spiritually, culturally, and physically transformational path of awakening, and learn how to effectively bring this understanding to your community, friends, and family. You will be certified as a WPD Facilitator by attending all 4 sessions. Besides lecture presentations going more deeply into the vegan teachings in *The World Peace Diet*, there will be role-playing exercises and guided meditations facilitated by Dr. Tuttle. We will discuss the Five Levels of Health, the Seven Mentalities, and keys to spiritual and practical dimensions of vegan living.

Where: **The Sunflower Center** -- 1435 N. McDowell Blvd, **Petaluma**, CA, 94954 - (707) 792-5300  
When: **Tuesday, March 26<sup>th</sup>**, 6:30 – 8:30 p.m.; Plus the 3 following alternate Tuesdays (**4/9, 4/23, 5/7**)  
Details: **Please Register** if you plan to attend! Call (888) 234-1361 or email [info@wellnesscentral.us](mailto:info@wellnesscentral.us)  
**Admission for the first (March 26<sup>th</sup>) presentation is complimentary.** You can attend the other 3 sessions (April 9, 23, and May 7) for just \$40 per session, which includes a complimentary organic vegan dinner provided by the Sunflower Center's restaurant. Also, you can register for the entire course for \$100, which includes meals, complete tuition, and a certificate from Dr. Tuttle upon completion of the training. If you pre-register for the training, you'll receive a complimentary copy of *Conscious Eating*, Dr. Tuttle's new DVD.

*"I would recommend this facilitator training to anyone who is interested in the vegan lifestyle. Through this training I was able to connect with other like-minded individuals, fostering a sense of community. Many invaluable ideas were shared, both during the lectures and in the discussions, which gave me new tools that will enable me to more effectively spread the vegan message.*

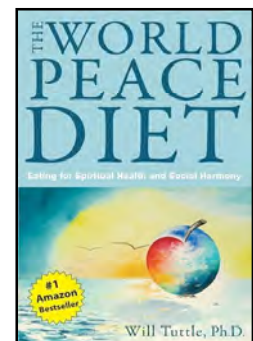
**Julie L.**, World Peace Diet Facilitator

*"I've never seen an audience so attentive and enraptured as when Will Tuttle speaks."*

**Tench Phillips**, president, Art Repertory Films, Norfolk, VA

*"Use **The World Peace Diet** as a guide to empower yourselves and others in making dietary choices that are powerful beyond what you can possibly imagine."*

- **Julia Butterfly Hill**, environmental activist and noted author



Dr. Will Tuttle, author of the acclaimed best-seller, *The World Peace Diet*, and recipient of the *Courage of Conscience Award*, is also co-founder of Veganpalooza, the largest online vegan event. A vegan for 33 years and former Zen monk, his Ph.D. from U.C. Berkeley focused on educating intuition. He has created eight CD albums of uplifting original piano music. With his spouse Madeleine, a Swiss visionary artist, he presents 100 lectures, workshops, and concerts annually throughout North America. See [www.worldpeacediet.org](http://www.worldpeacediet.org) for more details.